

Powered by Avera Sports

1st-3rd Grade Boys/Girls BASKETBALL WORKOUTS

Location: Avera Sports Center (85th & Minnesota)

Cost: \$129 Please make checks payable to Avera Sports Center

Athletes will receive a Warwick Workouts Hoodie

1st-3rd Grade Advanced weekly basketball workouts are the foundation for young athletes to become a skilled basketball player. 1st-3rd advanced is recommended if athletes are able to correctly do right and left hand lay-ups on a lowered hoop, dribble with eyes up and are comfortable and confident in 2 ball dribbling drills. This session will challenge them beyond those basic foundational skills.

Tuesday, January 13th	4:30-5:45
Tuesday, January 20th	4:30-5:45
Tuesday, January 27 th	4:30-5:45
Tuesday, February 3rd	4:30-5:45
Tuesday, February 10 th	4:30-5:45
Tuesday, February 17 th	4:30-5:45

Register online at

www.warwickworkouts.com

Find your session under the register fall workouts tab

Contact Kris Warwick or Cody Schilling with questions about workouts

Email: warwickworkouts@gmail.com

Cell: 391-6700 (Kris) or (712)461-2316 (Cody)

WHERE CHAMPIONS TRAIN.